



What is the Black Lives Matter Movement?

October 2020

How do I explain it to my child?

Many children may have questions about the images, stories, and conversations they hear on the news and around them. We can't solely rely on schools to ensure children fully understand the Black Lives Matter movement and the issues that fuel the movement.

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It starts with a question...

When we explain BLM to children, you're not saying that nobody else matters. However, by encouraging 'all lives matter' as parents and carers we risk taking away the real difficulty felt by Black communities. There are child-friendly analogies to help children understand Black Lives Matter.

1. Imagine if you broke your leg and had to go to the Doctor. You would want to tell the Doctor that right now, your leg was in pain. Whilst ALL your bones matter, right now, it's your leg that needs attention.
2. Imagine if you were running a race to raise money at a cancer fundraiser, and someone said to you 'But don't all diseases matter?' Of course they do, but right now, it's cancer that needs funding.

Visit the Virtual School website. Each week, you will find suggestions for books, videos and general advice about how to answer and discuss questions your child may ask. If you would like to make any suggestions, or share how you have helped your child, please email us.

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Find extra Black History Month and Black Lives Matter resources [here](#)
Carer and Teacher [Training 2020-2021](#)
Health and Wellbeing [Support for Children and Young People](#)

